




Fall Free Friday

FACTS ABOUT FALLS

SEPTEMBER 23/10:00 A.M./AAA7 FB LIVE




NOT ENOUGH
VITAMIN D CAN
CAUSE SOMEONE
TO FALL

34,000 DEATHS IN 2019 WERE
CAUSED BY A FALL, MAKING IT
THE LEADING CAUSE OF DEATH
AMONG ADULTS 65+



FALLS AMONG OLDER
ADULTS COSTS \$50
BILLION ANNUALLY



MORE INFORMATION
CAN BE FOUND AT
[HTTPS://WWW.CDC.GO
V/FALLS/INDEX.HTML](https://www.cdc.gov/v/falls/index.html)



MANY PEOPLE WHO
FALL BECOME AFRAID
OF FALLING



Shawnee State University
Master of Occupational Therapy